

WORKSHOP ON ERGONOMIC WORKPLACE ANALYSIS (EWA)

Course Description: An intensive three-days workshop on commonly used Ergonomic Risk Assessment Tools

Dates: September 16-18, 2011

Venue: RECOUP Auditorium, #312, Further Extension of Anjanapura Layout, Bangalore 560062, India.

Who should attend?

Ergonomists, Physiotherapists, Occupational Therapists, Human Resources, Facilities and Health and Safety Professionals.

Topics Covered

1. Methods to assess levels of musculoskeletal discomfort among workers: NIOSH discomfort surveys, the Dutch Musculoskeletal Questionnaire (DMQ), University of Michigan Upper Extremity Questionnaire (UMUEQ), Cornell Musculoskeletal Discomfort Survey, Nordic Musculoskeletal Questionnaire (NMQ) etc.
2. Postural and Psychosocial Risk Assessment Questionnaires
3. Postural evaluation tools: PLIBEL, Quick Exposure Checklist (QEC), OWAS
4. Postural evaluation tools: Rapid Upper Limb Assessment (RULA), Rapid Entire Body Assessment (REBA), Simple Model for Comprehensive Evaluation of Risks of Musculoskeletal Disorders (MODSI), The Strain Index
5. Measurement of work effort and fatigue: Borg Ratings of Perceived Exertion Scale, Muscle Fatigue Assessment Method, Hand Activity Level (HAL)
6. Methods for assessing back injury risks: Revised NIOSH Lifting Equation, Snook tables
7. The Occupational Repetitive Action (OCRA) Methods: OCRA Index and OCRA Checklist

Aims of the Course:

1. To master the basic assessment tools in ergonomics
2. To assess workers for ergonomic risk factors and recommend corrective measures



Course Fee: Professionals: Rs. 6000/-, Students: Rs. 5000/-
(Includes Course manual, Lunch, Course Transcript & Certificate)

Please make Cheques / DD in favour of "RECOUP", payable at Bangalore (Add Rs. 60 for outstation cheques). Students must enclose a supporting certificate from the Head of Institution. Limited registrations are available on first come first serve basis. You can also register online at www.recoup.in and make the payment with credit card. Please contact us if you need assistance with accommodation.

ADDRESS FOR CORRESPONDENCE

Ms. Jeena Jose, Manager-Training and Course Coordinator
RECOUP Neuromusculoskeletal Rehabilitation Centre,
#312, 80 Feet Road, 10th Block, Further Extension of Anjanapura Layout,
Bangalore-560062, Karnataka, India.

Mobile: +91-9916264032

Phone: +91-80-32423424 / 64504224 / +91-98451 55449

Email: academics@recoup.in

Website: www.recoup.in



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Neuromusculoskeletal Rehabilitation Centre